## **Partners of Sex and Love Addicts**

## **Support Group**

**Growth and Recovery Center** 

452 Germantown Pike

Lafayette Hill, PA

**Thursday Evenings** 

6-7:30 PM

The discovery that your partner is a Sex and Love addict came be traumatic and heart breaking. Shame, embarrassment and isolation can get in the way of seeking the support you need. Having safe and supportive people to connect with is essential for your own healing and recovery.

If you have been impacted by your partner's sexual addiction you are welcome to participate in the Growth and Recovery Center's Partners of Sex and Love Addicts group.

In the group you will be supported by fellow travelers who have shared experience of loving someone who is sexually addicted.

## Topics to be covered:

- Overcoming the sense of betrayal
- Managing resentment and bitterness
- Understanding false guilt
- Understanding addictive behavior and how it impacts you
- Improving self esteem
- Improving interpersonal communication
- Supporting your partner without enabling their addictive behavior

The group will be led by Mike Cipressi, LCSW, CEAP, SAP. Mike is a member of the Growth and Recovery Center staff and works with individuals, couples and groups. He is a License Clinical Social Worker with nearly 25 years of experience. He has worked with a variety of addictions including Sex and Love Addiction.

To join the therapy group contact Mike Cipressi at 215-360-7045. The fee for the group will be \$50 per session. All major insurance accepted.